ICE PAINTING ACTIVITY

Artsy Thursday

Have fun exploring art through touch and get creative with Ice Painting! This activity is great for all ages and has an extra sensory element to keep kids engaged using easy to find items. A perfect activity to do outside if you’re trying to stay cool or get some fresh air.

Materials:
• Washable Paint
• Ice Cube Tray or Plastic Cups/Containers
• Popsicle Sticks
• Water
• Paper

1. Fill each container about 1/3 of the way with paint. For cups use two tablespoons.
2. Fill the rest of the containers with about 2/3 of warm water.

3. Add a popsicle stick to each container.
5 Stir each color around until combined.

6 Pop the trays/containers in the freezer for about 4-6 hours.

7 Once the paint cubes are frozen they will pop out easily. If not, run the containers under cold water for 10 seconds to loosen them up.

Note: If you’re feeling extra creative, use the ice paints to engage in a bit of body painting!

8 Place the paint cubes on a paper and have a blast creating beautiful icy works of art!