Mexican Hat Dance

Cinco de Mayo is a celebration of Mexican heritage, culture and pride. The Mexican Hat Dance is used as a celebration and symbol of national pride among Mexican people. Kids will be able to work on balance, coordination and reflexes as they dance to “Jarabe Tapatio” which is the national dance of Mexico.

1. Gather Supplies:
   • Sombrero / Large Hat
   • Music Player
   • Dancers
   • Song: “Jarabe Tapatio”

2. Place the hat in the middle of the area you are using.
3 Gather around the hat with your dancers.

4 Kick 3 times.

5 Then clap your hands together 2 times.

6 Repeat these movements 4 times in a row.
Dance around the hat until the chorus repeats. If you have more than one person dancing with you, hold hands as you dance around hat!

Every time the music stops, dancers must freeze. If anyone moves, they are eliminated.

The goal of the game is to be the last one standing! Will you be the winner?