Creating Different Emotions

This activity is designed to help children learn about different shapes, to show them how to express different emotions, and to encourage them to showcase their unique personalities!

Draw the following shapes:
• 1 large circle for your head
• 2 small circles for your eyes
• 2 rectangles for your eyebrows
• 1 triangle for your nose
• 1 semi-circle for your mouth
• 2 small circles for your cheeks

Gather supplies:
• Paper
• Markers
• Crayons
• Colored Pencils
• Fasteners
• Glue
• Stapler

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Cut out each shape from a sheet of paper.

Color in each face piece in any color you like. You can use markers, crayons or colored pencils!

Take this time to discuss different emotions with your child/ren. How do you feel today? How did you feel yesterday? How would that emotion look like on your face?

Use the fasteners to attach each shape onto your circular head shape and create a face! Poke a hole with either a pair of scissors or with the point of a fastener to attach each piece. If you don’t have fasteners, use glue or a stapler to secure your colored face pieces onto your head.
Add some features to your face to give it some personality like hair, ears and freckles!

Now you can move the shapes around to make your face look happy, sad, silly... you name it! The fasteners will allow you to change your face easily to represent how you are feeling.