To be an ally is to stand up for someone who is being mistreated or bullied. It means to show empathy and compassion when someone needs you. It means to stand up for your friends or for someone you may not even know, who is being treated meanly. Treat everyone equally, even if someone seems different, be curious, not mean!

How can you be an ally? It’s as simple as displaying a sticker, wearing a supportive button or wristband, or even putting a “Safe Space for All” sign in your window at home!

In this activity you can create a “Safe Space for All” sign using the colors of the rainbow, a white wax like oil pastels or crayons, and watercolor paint, in celebration of being an ally to everyone!

Gather Supplies:
• Cardstock / Watercolor Paper
• White Oil Pastel / White Crayon
• Watercolor Paint
• Paintbrush
• Water
• Pencil

Lightly write out the words “Safe Space for All” or any other message you feel comfortable with, using pencil, in any style font you like. Bubble letters are best!
3. Trace over the letters using a white oil pastel or white crayon. Go over them a few times until there is a thick layer of wax on the paper.

4. Using the watercolor paint and water, start with the color purple and paint a strip about 3-4 fingers up the page.

5. Rinse your brush, then move to the color blue, leaving a small sliver of space between each color.

6. Blend the two colors together using only water. Use a small dab of each color to help blend the edges together if needed.
Repeat the blending process for every color of the rainbow, the order is: purple, blue, green, yellow, orange, red. Repeat the colors if needed. You should begin to see the words appear on your page!

Rinse your brush slightly between each change of color, when you get to yellow make sure you wash it very well. When changing from “cool” colors to “warm” colors, yellow is a neutral, so it’s a great time to start with a clean brush to avoid any muddy colors.

Trace over the letters one more time using your oil pastel or crayon to add more contrast and brighten up areas if needed. Let dry for 5-10 minutes and you’re done! Hang your sign up on the wall or any “safe space” you like!