



SENSORY
FRIENDLY
SATURDAY

Water Sponge Ball

SENSORY PLAY

This is a multi-sensory activity. It's a combination of tactile, textural, visual and physical sensory experiences. The sponge material itself is textural - perhaps a texture your child is not used to experiencing but must engage in if they want to participate. It's tactile and physical in that your child will need to squeeze the sponge ball for the water to be released. This not only results in a satisfying visual sensory experience (watching the water come out) but squeezing is also a release of energy.





2



Arrange the sponges next to each other.

3



Using the scissors, cut the sponges into four equal strips.

4



Stack the sponges in 3 rows of 4.
Make sure to mix up the colors.

5



Hold the stack in place and wrap a rubber band around the middle 3 times to hold it together.



6



Shape the water sponge into a ball by pulling on its ends.

7



Now your sponge ball is ready for the water!

