



# Spooky Shadow Murals

## SENSORY PLAY

Art can be fun and thrilling with the lights off! In this particular activity, you will play around with light and shadows, trace, and use your imagination to see what spooky shadow drawings you can create. In addition to the calming nature of light play, tracing is also beneficial as it improves fine motors skills, spatial awareness, and increases attention to focus.

1



### Gather materials:

- Large Paper Roll / Poster Board
- Flashlight / Spotlight
- Crayons / Markers
- Small objects like shells, toys, cookie cutters, leaves, etc.
- Tape

2



Find a blank wall with plenty of room in front for you to walk around.





3



Secure a flashlight or lamp on a table, chair, or something high enough to project light in your reach, about 2-4 feet high.

4



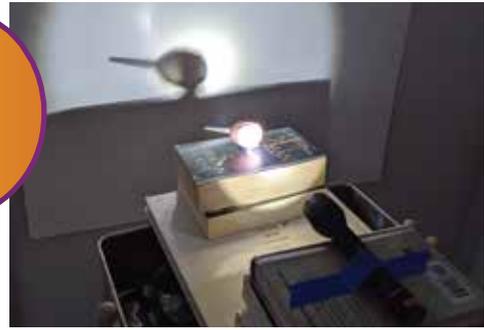
Place the large paper or poster board on the wall and tape it down.

5



Place an object in front of the light and play with the shape of the shadow by moving the object closer or further from the light or by changing its angle. Use books/boxes to heighten objects/light.

6



Try to find a Halloween themed character within the shadow, like finding figures in the clouds. Look for things like ghosts, spiders, pumpkins, cats, bats, monsters, haunted houses, candy corn, etc. Use tape to secure the object in an angle you like.



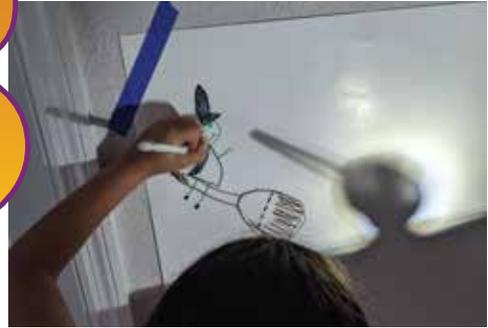


7



Using a marker or crayon, stand in front of the light and trace the shadow on your paper.

8



Finish drawing the rest of the image you see with different colors. For example, we completed this broom with a witch on top.

9



Place a new item in front of the light in a new area on your paper and try to find a new Halloween image. Complete the drawing using different colors and adding details.

10



Repeat this process using different objects and areas on your paper to complete the Halloween mural.

