



# Sugar Skull Selfie

Día de los Muertos, or Day of the Dead, is a popular Mexican celebration to honor those who have died. Sugar skulls are a typical decoration associated with the holiday. Celebrate Día de los Muertos with us as we create sugar skull art inspired by Mexican artist, Frida Kahlo. Frida is most well-known for her self-portraits and signature look of flowers, ribbons, and bows in her hair. Use white paint to create a sugar skull base and make the portrait your own by adding your own traits!

# 1



## Gather materials:

- Black Cardstock / Construction Paper
- White Acrylic / Tempera Paint
- Crayons / Oil Pastels
- Paintbrush
- Pencil
- Bowl

# 2



Using a pencil (we used white as a visual), draw a wide oval for the top of the skull.



3



Draw a smaller size rectangle overlapping the bottom of the circle for the chin. Just like us, everyone's skull will be different, and that is ok. Create a skull you like by changing the sizes of the circle and square.

4



Then add two circles for the eyes in the first circle you drew.

5



Turn the paper upside down and draw a small heart for the nose.

6

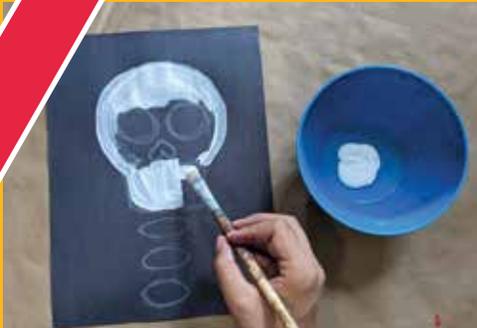


Draw 3 ovals under your chin, down to the bottom of your paper. This will be your skull's neck bones.



**PRO-TIP:**  
Use a blow dryer to speed  
up dry time!

7



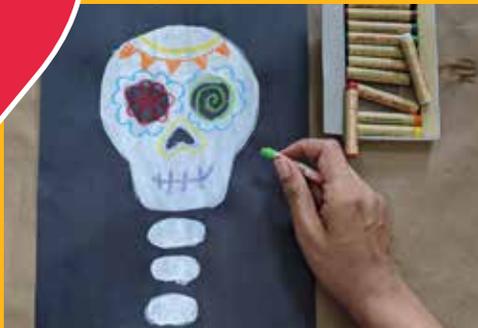
Using white paint and a paintbrush, carefully begin filling in the skull. Be careful not to fill in the eye area or nose, those stay blank.

8



Allow the white paint to dry completely. If needed, add a second coat.

9



Sugar skulls are decorated with designs of flowers, swirls, symbols, and ornaments. Begin to design on top of the white skull around the eyes and mouth using oil pastels or crayons.

10



Create hair, decorations in the hair, like flowers or a hat, and any other accessories.



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Draw two curved lines for the shoulders about the same width of the skull. Then draw clothes for your portrait.



Lastly, you can decorate the background with spiderwebs, candles or anything else you would like!

