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HOME FOR THE
Holidays

Bodhi Day: Bodhi Tree

Bodhi Day is a Buddhist holiday which celebrates the day that Siddhartha Gautama achieved enlightenment. It is a day that is typically observed through meditation and reflection, along with a decorated Bodhi tree in the home. The Bodhi Tree or Bodhi Fig

Tree ("tree of awakening") is a large and ancient sacred fig tree where Siddhartha Gautama achieved his enlightenment. Join us as we celebrate Bodhi Day by recreating the Bodhi Tree using paper mediums like a brown paper bag and colored tissue paper.

1



Gather materials:

- Brown Paper Bag
- Cardboard
- Green Tissue Paper
- Glue
- Scissors
- Ruler
- Pen

2



Using the bottom of your paper bag, measure a piece of cardboard to be the same size as the bag's rectangular base.

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3



Cut out the piece of cardboard and glue the bottom of your paper bag to the cardboard. This will make a sturdy support base for your tree.

4



Use your ruler to measure lines across your bag about 2 centimeters apart from each other. Measure another line about 2 inches up from your cardboard base towards the opening. This will let you know where to cut your strips to in the next step.

5



Cut vertical lines into the bag starting at the opening of the bag and finishing at the two-inch line you measured.

6



Place your bag right side up with one hand on the base and begin twisting the bag from the base. Be sure to leave the smaller strips untwisted for the branches.



7



Once your base is twisted, start grabbing the small strips and begin coiling them around until they begin to look like branches. You can bend and twist them into any direction you like.

8



Continue twisting each branch separately and work your way around the tree.

9



Twist two branches together to help form your tree. By twisting two together, the tree will begin to stand up taller.



10



Use green tissue paper or construction paper to create leaves. Rip small pieces of paper and ball them up. Make various sizes of leaves.

11



Add drops of glue to the tips of each branch and glue on the leaves.

12



Add extra leaves to the middle part of each branch for extra foliage. Each branch should have about two or three leaves each. Rotate your tree around to ensure the tree is nice and even, and you're done!